

## CLINICAL "SNIPPETS"

### **Out-of-hospital cardiac arrest in patients aged 35 years and under: A 4-year study of frequency and survival in London.**

Donohoe RT, Innes J, Gadd S, Whitbread M, Moore F.  
Clinical Audit and Research Unit, London Ambulance Service NHS Trust, London United Kingdom.

Resuscitation. 2009 Nov 12.

**Overview:** The aim of this study was to describe the frequency and characteristics of cardiac arrest patients of 35 years and under attended by the London Ambulance Service NHS Trust between April 2003 and March 2007.

**Conclusions:** Mortality in young cardiac arrest patients remains high. Focus should be placed on tackling social and psychological causes of cardiac arrest as well as cardiac aetiologies.